



# OCHC JUNIORS NEWSLETTER

*The latest news and updates from Old Cranleigh Hockey Club*



*And we're back! Welcome to the 2020 20201 season*

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## Welcome back!

We were delighted to welcome our returning and new Junior players to the first training session of the new hockey season on Sunday. In glorious sunshine, we saw over 500 players in action across our three sites and it was so good to be back!

In order to return to hockey in a COVID-19 secure way, we have had to adapt how we run our sessions. Having reviewed the sessions across the first week, we are also making some changes to the timetable to ensure we are both optimally using pitch space and spreading out changeover times. To encourage social distancing, we have also taken the decision to not allow spectators in the compound or grandstand at OCs during training sessions.

Thank you to everyone who has volunteered to help out this season, your help makes a huge difference. Some age groups still need parent rep volunteers, please read on to find out more or chat to your child's lead coach.

We look forward to seeing you back on the pitch on Sunday.

Gavin Adair, OCHC Juniors Chairman

# Volunteers needed for your child's group

We have invested significantly in our coaching staff this season, with a professional coach dedicated to every age group, however the club still relies heavily on parent volunteers to make everything work seamlessly.

A critical role in our structure is that of **parent rep or parent liaison volunteer**. This role provides vital support to the lead coach, sending information out to parents, liaising with opposition teams, ensuring all players have checked in to the session and taking a register. There's lots of support and guidance available and we know the role makes a huge difference to our coaching team, enabling them to focus on coaching plans and running the training session. A number of our age groups don't yet have volunteers in place to take on this role this season, could that be you?

If this sounds like something you could help with, please get in touch at [ochcjuniors@gmail.com](mailto:ochcjuniors@gmail.com) or chat to your child's lead coach at training on Sunday.

And a huge thank you to all those who have already volunteered!



# COVID-19 guidelines

Under England Hockey's step 4 guidance, we are delighted to have started the season as planned last weekend. **Our COVID-19 guidelines can be found [here](#) and it's important you take time to read them if you haven't already done so.** Thank you to everyone for completing the England Hockey Participation Agreement for your child, this is only required once for the season.

## Teamo

This season it is essential your child is registered in the Teamo app and your contact details are up to date in your guardian profile. If you have any issues getting set up, please get in touch at [ochcjuniors@gmail.com](mailto:ochcjuniors@gmail.com) and we'll do our best to help.

## Checking in to training essential

Please read our guide to checking in to training, this forms a vital part of our COVID-19 guidelines and we need all players to check in every time they attend training or a fixture (including if playing away).

## From U10 players can be dropped off

To help social distancing, players from U10s and above can be dropped off at training if they are comfortable doing so. In case of an accident, you must be within 10 minutes of the club and contactable on the mobile number registered in Teamo and LoveAdmin. Please ensure these details are up to date.

If you are dropping your child at training, it is very important they have already been checked in to the session or for older players, have a phone with them, with Teamo downloaded, to check themselves in. Whilst taking the register, the volunteer parent rep or coaches will be ensuring all players have checked in to the session.

## Social distancing

If you decide to stay and watch a training session or fixture, please adhere to the latest Government guidance on social distancing. We have made the decision not to allow spectators in the compound at OCs, including the grandstand, to make social distancing easier.

# Registering and checking in using Teamo

The instructions below assume your child is registered in Teamo. Only players, coaches and umpires need to check in.

## 1

In advance

### Step 1 - Let us know you plan to attend

Let the coaches know whether your child can attend training or a fixture by clicking the green tick or red cross next to the session date. This helps the coaches plan the session or select teams.

## 2

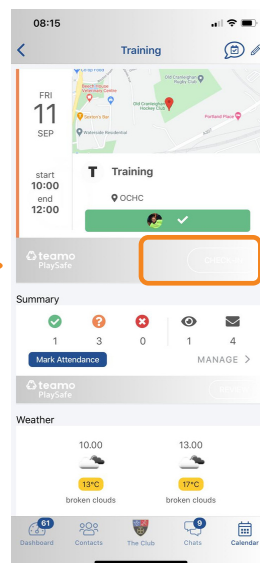
On the day

### Step 2 - Check in to the session - different to the step above

All players must check in to the session, this is an essential part of our COVID-19 guidelines. There are two ways to do this:

## Check in using Teamo app

- Open training session in Teamo
- Look for Teamo PlaySafe logo - next to this is a **check-in button**
- Click on the check-in button and complete
- You can check in from 3 hours before the session
- You need to be registered in Teamo to use this option



or

## Check in using QR code

- Use your phone's camera to scan the QR code at the pitch
- You do not need to be registered in Teamo to check in using the QR code

# Midweek training & timetable changes

We run a busy midweek training programme for all players from U10s upwards. If you are interested in adding midweek training to your child's membership, please log in to LoveAdmin and select midweek training from the 'optional extras' menu. There is an additional fee of £80 for midweek training for the season.

## Midweek timetable changes

To ensure we are optimally using pitch space and enabling social distancing at changeover times, we have made some changes to the midweek timetable:

Group	Previously	Now
U12 boys - Orange	Wed 18:00-19:00	Fri 19:00-20:00 with U12 boys blue
U14 boys - Blue	Mon 19:15-20:15	Thur 18:15-19:15 with U14 boys orange
U16 boys - All	Mon 19:15-20:15	Wed 18:00-19:00
U16 girls - Orange	Wed 18:30-19:30	Wed 18:00-19:00

All groups impacted will have received an email with further information.

## Sunday - U14 Girls - Timetable change

The U14 girls orange and blue training sessions will now start fifteen minutes later at 13:00 on Sunday and finish at 14:15 going forwards.

## Sunday - U6, U7, U8 - Request to parents

To reduce congestion at the end of training and aid social distancing, please can we ask parents to slightly stagger picking up their children, only entering the compound when it's time to collect their child.

U6s parents - 09:40

U7s parents - 09:45

U8s parents - 09:50 (or as soon as U7s have left)

**All timetables can also be found at the end of the newsletter and on our [website](#)**

# New one-way systems on Sundays

## OCs

Towards the end of last season we experimented with a one-way system in and out of the car park and the feedback was overwhelmingly positive. As a result, we have introduced this system permanently in an effort to reduce congestion.

Please enter from Portsmouth Road and exit through the car park, past the football club. This brings you out onto Longmead Road, from where you can turn left onto Weston Green Road.



We have also created a one-way system in and out of the compound at OCs. Please enter using the gate at the clubhouse end and exit using the gate at the far end. This eases the flow of traffic at the start and end of sessions.

**PLEASE NOTE** - No spectators are allowed in the compound area at OCs, this includes the grandstand. This is to make social distancing easier.

## Manor Road

We have also created a one-way system in and out of the pitch at Manor Road. Please enter using the usual gate - nearest to you as you arrive at the pitch - and exit the pitch using the far gate, the path then brings you back along next to the pitch. This will avoid congestion between sessions.

**REMINDER** - If dropping your child at training, please ensure they are aware of these changes and make sure you have **checked them in** to the training session before dropping them off.



## Roadworks

There are currently roadworks at the junction of Manor Road South and Oaken Lane and it isn't clear how long they will last. Please allow extra time to reach training on Sunday.

# Sunday timetable 2020/2021



## OCHC Juniors timetable Sept - Dec 2020

	<i>Session 1</i>	<i>Session 2</i>	<i>Session 3</i>	<i>Session 4</i>
<b>OCHC</b>	<b>08:45 - 09:45</b>  U6 Mixed U7 Mixed U8 Mixed	<b>10:00 - 11:15</b>  U10 Girls (Orange)  GKs U10-U12 (week A) GKs U14-U16 (week B)	<b>11:30 - 12:45</b>  U12 Girls (Orange)	<b>13:00 - 14:15</b>  U14 Girls (Orange)
<b>Oaken Lane</b>	<i>No play before 10am</i>	<b>10:00 - 11:15</b>  U10 Girls (Blue)	<b>11:30 - 12:45</b>  U12 Girls (Blue)	<b>13:00 - 14:15</b>  U14 Girls (Blue)
<b>Manor Road</b>	<b>09:00 - 10:15</b>  U14 Boys (Blue & Orange)	<b>10:15 - 11:30</b>  U10 Boys (Blue & Orange)	<b>11:30 - 12:45</b>  U12 Boys (Blue & Orange)	<b>13:00 - 14:15</b>  U16 Girls (Open)  U16 Boys (Open)

*Please note the timetable changes at Christmas - all timings remain the same but some groups will switch location to allow more groups access to the Thames Ditton pitch. The timetable will be reviewed and changed fairly on a yearly basis.*

# Midweek timetable 2020/2021



## OCHC midweek timetable Sept 2020- March 2021

	Session 1	Session 2	Session 3
Monday	<p>18:15-19:15</p> <p>U10 Girls (Blue &amp; Orange)</p>	<p>19:15-20:15</p> <p>Ladies Back 2 Hockey &amp; Martlets</p> <p>19:15-20:30</p> <p>Ladies 5XI</p>	<p>20:15-21:30</p> <p>Ladies 3XI / 4XI &amp; U18 Girls / U16 Girls (by invitation)</p>
Tuesday	<p>18:00-19:00</p> <p>U12 Girls (Blue &amp; Orange)</p>	<p>19:00-20:00</p> <p>U16 Girls (Blue)</p> <p>GKs U10 / U12 / U14 / U16</p>	<p>20:00-21:30</p> <p>Ladies 1XI / 2XI &amp; U16 Girls (by invitation)</p>
Wednesday	<p>18:00-19:00</p> <p>U16 Boys (Blue &amp; Orange)</p> <p>U16 Girls (Orange)</p>	<p>19:00-20:30</p> <p>Men's 2XI &amp; 3XI</p>	<p>19:30-21:30</p> <p>Men's 1XI</p>
Thursday	<p>18:15-19:15</p> <p>U14 Girls (Blue)</p> <p>U14 Boys (Blue &amp; Orange)</p>	<p>19:15-20:15</p> <p>U14 Girls (Orange)</p> <p>Men's 4XI - Warriors &amp; U16/U18 Boys (by invitation)</p>	<p>20:15-21:30</p> <p>VETS</p> <p>Back 2 Hockey Men</p> <p>Adult GK training (1st/2nd Thursday of month)</p>
Friday	<p>18:00-19:00</p> <p>U10 Boys (Blue &amp; Orange)</p>	<p>19:00-20:00</p> <p>U12 Boys (Blue &amp; Orange)</p> <p>19:30 - 20:30</p> <p>Men's 1XI player masterclass (bi-weekly)</p>	<p><i>Club match slot</i></p>