

OCHC JUNIORS NEWSLETTER

The latest news and updates from Old Cranleighan Hockey Club



Congratulations to our U9 Girls, playing their first game for OCHC!

IN THIS ISSUE

- OCTOBER HALF TERM CAMPS
- MATCH KIT VS TRAINING KIT
- LATEST TEAM NEWS



October half term camps

It's not too late to book, with camps available for all players U6s upwards. With each session tailored by age group, there's something for everyone including the NEW Performance Camp for our older players. 1:1 sessions are also available to book by contacting Lauren Moors at ochcdirjuniors@gmail.com

Saturday 16th Oct 6pm

fantastic opportunity to watch some amazing top level hockey when our Men's 1s go up against local team Teddington at home this Saturday. The team would love your support and the clubhouse will be open for food and drink.



WEEK 5 OCTOBER 2021



SKILL DEVELOPMENT CAMPS

U6s - U8s 10:00-11:30

Lots of fun, skill development & games for those just starting out or with some experience £15 or book all 3 sessions for £37.50



U9s - U12s 10:00-13:00

Skill development and progression, including disguise passing, reverse stick hitting with lots of game play to put skills into practice

£30 or book all 3 sessions for £75

PERFORMANCE CAMPS



U13s & UP 14:00-17:00

Camps for experienced players, focussed on helping them take their hockey to the next level. Each camp will include:

2 x 20 min talks on topics including game psychology, nutrition, balancing sport and school

90 mins of skill development and game play 40 mins of hockey specific fitness

£30 or book all 3 sessions for £75

All camps will be led by Lauren Moors, Director of Junior Hockey and held at OCs (Portsmouth Road). Players will need their own shin pads and mouthguard, we can lend sticks if needed.

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Members please book via your LoveAdmin account

Match kit v training kit

Lots of players are choosing to wear their Cayman Islands promotional shirts for training which is great to see but please can we remind everyone these shirts are **not** a replacement for club shirts, which are required for matches.

Girls match kit

Match shirt, navy skort (any), OCHC blue and orange socks



Boys match kit

Match shirt, white shorts (any), OCHC blue and orange socks



Face masks

All players from U12s upwards need their own face mask, which

should be brought to training and

All OCHC kit can be ordered online from <u>Serious Stuff</u> with password OCHC. For Juniors, please select the Junior match shirt (with Cayman Islands on the front) which is available in a wide range of sizes, including adult sizes. Free collection from the club is still available until half term.

Bibs bibs bibs!

Please can we remind all players to bring their bib along to every training session and match. you're new to the club and don't yet have a free OCHC bib, pop down to the hockey desk at OC's on Sunday 10am-12pm to collect one.

Lost property

matches. We have some stock at the hockey desk (OC's Sunday mornings 10am-12pm) or you can find them at good local sports shops or online. Our face mask policy can be found here.

Any kit or clothing left at OCs at the end of Sunday is put into the container for safekeeping, please ask a coach to help you check. For Oaken Lane and Manor Road lost property, please check with your coaches.

OCTOBER 2021 WEEK 5

Latest team news...



U10 Boys v Teddington

Mixed fortunes for the U10 Boys today. One team won all 3 games whilst the other two teams were unlucky not to score against good Teddington teams. All the boys enjoyed it and got better and better as the games went on.



U12 Girls Oranges v Teddington (A) and Blues v Teddington (H)

Lots of running, tight games and bags of enthusiasm from the teams both home and away vs Teddington

OCTOBER 2021 WEEK 5

Latest team news...



U12 Boys Oranges v Teddington Lions (above) won one (4-0) drew one (1-1) and the Tigers won one (1-0) and lost one (2-0)

U14 Girls Blues v Wimbledon

The girls lost 1-3 to Wimbledon but showed so much enjoyment and did incredibly well, especially as it was their first full pitch game for many! Very proud of the girls.



U16 Boys v Sunbury 7 Walton

The boys won 4-2 away at Sunbury, a good performance and perhaps should have had a few more. Well done boys.



U16 Girls v RichmondOCs beat Richmond 5-2

OCTOBER 2021 WEEK 5

The OC Club Fireworks Display Sunday 31st October 2021

Gates open from 5.30pm. Fireworks at 7.00pm



Hot food stalls | Mulled wine and cider Hot chocolate | Bar open Live music from 5.45pm

Tickets	In Advance	On the Gate
Family	£20	£24
Adult	£7	£9
Child (5-15 inc)	£4	£5

Tickets avaliable from the bar. Advance are limited



