



# OCHC JUNIORS NEWSLETTER

The latest news and updates from Old Cranleighan Hockey Club



## Welcome back!

It was great to see everyone back on the pitch on Sunday and a very warm welcome to all of our new members. Before our players returned, Adam Ward (Director of Junior Hockey) also had our volunteer coaches and Duke of Edinburgh volunteers busy, getting back up to speed after the summer break. Thank you to all involved for the energy, enthusiasm and fun you brought along to the sessions.

A very short newsletter this week as the season gets underway but a few handy reminders as we get going again.



## Dates for your diary

### October half term camps

Monday 24th & Tuesday 25th October

More details to follow

### Men's 1s Home Games

24 September – 5pm v Sevenoaks

15 October – 6pm v Brighton & Hove

### Ladies 1s Home Games

01 October – Time TBC v W Hampstead

29 October – Time TBC v L Academicals

CAYMAN ISLANDS  
GRAND CAYMAN | CAYMAN BRAC | LITTLE CAYMAN

Please note - there is no training on Monday 19th September for Juniors or Adults.

## **Midweek training**

Midweek training started this week for all players U10s (which includes U9s) and above. The timetable can be found [here](#) and midweek training is included in your membership fee.

## **Junior OCHC kit**

All children **MUST** wear shin pads and a gum shield (mouthguard) on the hockey pitch and should have these in before they enter the pitch. Footwear needs to be clean (please use the brushes) and either trainers or astros, no studded football or rugby boots please!

For training, please ensure your child is appropriately dressed for the weather and has their own water bottle with them. From U9/U10 upwards, on match days all Juniors need to wear:

**Boys:** OCHC Playing Shirt; OCHC Socks and WHITE Shorts (OCHC shorts are available)

**Girls:** OCHC Playing Shirt; OCHC Socks and NAVY Skort (OCHC skorts are available)

All kit is available to order online and for the first few weeks of the season, we have samples available at the clubhouse pitch on Sunday mornings if you'd like to check sizes. More Information can be found [here](#)

## **Face masks**

All players, U11s and upwards, are reminded they must have their own face mask to defend a short corner.



## **Teamo**

Great use of Teamo by parents/guardians so far to let us know you're planning to attend training, thank you! This really does help coaches plan sessions.

## **Dropping off at training**

A polite reminder that children in Year 4 and below should not be left unaccompanied at training and a parent/guardian should remain on site.

From Year 5 and upwards, a parent/guardian must be within 10 minutes of the club and contactable for the duration of the training session. Please ensure you have updated your child's emergency contact information in Teamo.

## **October half term camps**

Adam Ward, Director of Junior hockey, will be running hockey camps on Mon 24th and Tues 25th October. More details to follow.